

**FY2008/09
Annual
Report**



**Youth Rehabilitation
&
Treatment Center-
Geneva**

**Helping
Youth
Live
Better
Lives**

THE NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES IS COMMITTED TO AFFIRMATIVE ACTION/EQUAL
EMPLOYMENT OPPORTUNITY AND DOES NOT DISCRIMINATE IN DELIVERING BENEFITS OR SERVICES.

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FACT SHEET

ADMINISTRATIVE TEAM

DANIEL L. SCARBOROUGH
SHAWN MALOLEY
RICHARD WEHLAND
DR. DONALD P. BELAU
MARY STOFER
SANDI RENKEN
CANDACE DAVIS
CINDY BETKA
FRANCIS HURST
JAN MYERS
EDWARD PRICE
CONNIE REINSCH
MARIE POPE

FACILITY ADMINISTRATOR
ASS'T. FACILITY ADMINISTRATOR
PRINCIPAL
PSYCHOLOGIST
ADMINISTRATIVE ASSISTANT
BUSINESS MANAGER
LMHP SUPERVISOR
CHEMICAL DEPENDENCY SUPERVISOR/LADC
MAINTENANCE SUPERVISOR
NURSING SUPERVISOR
CHAPLAIN
RECREATION COORDINATOR
TRAINING COORDINATOR

MAILING ADDRESS

YOUTH REHABILITATION & TREATMENT CENTER
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PHONE NUMBER

(402) 759-3164

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WEB SITE

www.dhhs.ne.gov/jus/yrtc/yrtcgindex.htm

RATED CAPACITY

82

AVERAGE LENGTH OF STAY

2008/09 – 231 DAYS; 7.75 MONTHS
2007/08 - 219 DAYS; 7.3 MONTHS

AVERAGE DAILY POPULATION

2008/09 - 73 YOUTH
2007/08 - 71 YOUTH

ADMISSIONS

2008/09 - 114 YOUTH
2007/08 - 153 YOUTH

PER DIEM COSTS

2008/09 - \$254.19
2007/08 - \$252.86

AVERAGE AGE AT ADMISSION

2008/09 - 16 YEARS
2007/08 - 16 YEARS

AFFILIATIONS & ACCREDITATIONS

AMERICAN CORRECTIONAL ASSOCIATION
PERFORMANCE-BASED STANDARDS
NEBRASKA DEPARTMENT OF EDUCATION

HIGHLIGHTS

The mission of the YRTC-Geneva is to protect society by providing a safe, secure, and nurturing environment in which the girls who come to us may learn, develop a sense of self, and return to the community as productive and law-abiding citizens. To accomplish this, the YRTC-Geneva provides diverse programming that responds to each girl's unique needs. In support of its mission, YRTC-Geneva recognizes the following accomplishments for FY2008/09:

YRTC-Geneva underwent an intensive accreditation audit by the American Correctional Association in August 2008. This audit included a review of 454 standards, interviews with youth and staff, and a quality of life assessment. YRTC-Geneva was awarded reaccreditation by complying with 99.3% of the essential standards and 100% of the mandatory standards. Since being awarded reaccreditation, staff have completed a great amount of work in switching to the 4th Edition of the ACA Standards, which includes performance-based standards. As an outgrowth of the audit, staff have made improvements in key control on campus, including the issuance of secure key rings to all staff, and the tracking of statistical information for use in establishing baseline data for the performance-based standards.



Youth Counselor Cortney Lichti was selected as "Best in the Business" by the American Correctional Association

The past year saw the beginning of the Vocational Rehabilitation initiative. As a part of this, staff from Vocational Rehabilitation have been on campus to provide training for youth, are monitoring youth in off-campus job sites, and are providing services for the youth when they return to their home communities.

The Mothers & Babies program received national recognition when Cortney Lichti, Counselor for the program, was selected as a "Best in the Business" by the American Correctional Association. An article about the program appeared in "Corrections Today" and 5 articles appeared in 4 Nebraska newspapers. The program continues to grow and expand and provides invaluable services to our youth.

The School/Administration Building was the site of an extensive renovation project in the past year. Improvements included replacement of the HV/AC system, adding sprinklers to all areas of the building, and a new roof. These renovations vastly improve the energy efficiency and safety of the building.

YRTC-Geneva girls continued their involvement in volunteering for numerous community activities, including working at the Geneva Theater in the concession stand and taking tickets, regular volunteering at the local Recycling Center, Adopt-A-Highway, refereeing at local children's soccer games, participating in the Relay for Life, and helping at the Fillmore County Senior Center.

TREATMENT PROGRAM

The Social Services Department at the Youth Rehabilitation & Treatment Center - Geneva is composed of the following staff members:

- 1 Psychologist
- 1 Mental Health Practitioner Supervisor/ LMHP
- 2 Licensed Mental Health Practitioners
- 3 Youth Counselor I's
- 1 Chemical Dependency Supervisor/LADC
- 3 Chemical Dependency Training Specialists
- 1 Staff Assistant



Sacajawea Treatment Team Meeting

The YRTC-Geneva also contracts with a Psychiatrist, Psychiatric Nurse Practitioner, a part-time Chemical Dependency Counselor, and a Consulting Clinical Psychologist to provide services.

The philosophy of gender responsive programming is the cornerstone of the treatment program. The core treatment program, My J_♀ourney, is based on the premise of empowering girls to learn about themselves and develop methods to meet their needs in a way that draws from their strengths, and in a manner that makes sense to them. Based on her criminogenic needs as assessed by the Youth Level of Services, each girl develops her outcomes, needs, and strategies to address these needs. Staff supports the girls by assisting them in achieving their strategies, "coaching," and motivational interviewing.

The My J_♀ourney program is supported by a wide array of programming to help each girl address her individual issues. Staff receive specialized training that addresses these issues.

Additional program offerings include:

- Outpatient residential drug/alcohol treatment
- Drug/alcohol assessment, education, and counseling
- Tobacco education and cessation
- Pre-natal care and education for pregnant girls
- Parent and youth orientation and family consultations
- Inter-personal social skills development
- Intensive, structured individual behavioral and mental health programming
- Family focused counseling

YRTC-Geneva utilizes an intensive drug/ alcohol treatment group program. Based on the assessment/classification process, girls meeting established criteria are entered into one of two intensive treatment groups that are housed in Marie Sandoz Cottage. Girls entering this program undergo traditional drug/alcohol group programming. Family interventions are offered and emphasis is placed upon reintegration of the girls into an active outpatient treatment program following release. Girls who do not meet the criteria for placement in the intensive drug/alcohol group but show a need for further drug/alcohol services may have their needs met in a variety of ways, including education classes and individual counseling.



A YRTC youth reads to her daughter in the Mothers & Babies Room

The Mothers & Babies Program continues to play an important part in the YRTC treatment program. Coordinated by a Youth Counselor, this program is available to girls who have children or who are pregnant, and provides information and learning experiences centered upon child care and development, as well as pre- and post-natal care. During FY2008/09, Cortney Lichti, Counselor for the program, was honored by the American Correctional Association as being a “Best in the Business” for her involvement in the Mothers & Babies Program. Articles about the program also appeared in 4 newspapers.

The curriculum for the Mothers & Babies program covers many topics, including pre- and post-natal care and parenting. A critical component of the program is a regular visitation schedule so that each girl who has a child has an opportunity for that child to visit her on a regular basis. Girls are able to interact and bond with their children, as well as learn valuable parenting skills.

Activities that occurred during FY2008/09 included:

- ✓ A total of 458 scheduled 3-hour visits were held between the girls and their children.
- ✓ The American Correctional Association’s “How to be a Responsible Mother” curriculum and workbooks were added to the course offerings.
- ✓ Nineteen girls were taken to off-campus trainings and educational classes in Lincoln, York, and surrounding towns.
- ✓ Pregnant youth attended 9 Lamaze classes.

EDUCATION PROGRAM

The State Board of Education approved the continued operation of the Geneva North School as an accredited school under the terms of the Special Purpose Agreement. Credits earned by students at Geneva North are transferable to Nebraska schools once the girls are paroled from the facility.

Geneva North provides full fall and spring semesters, with an 8-week summer school session. Additional programming includes Title I services, vocational counseling, library services, GED preparation, and cosmetology services.



Geneva North High Keyboarding Class

The average daily membership was 45.9.

Thirteen students received Geneva North High School diplomas through various programs. Six seniors were graduated in December 2008 and four in May 2009. Three students enrolled in an individual program in LaFlesche Cottage also completed graduation requirements. Three students utilized the online Apex curriculum system and PASS program to assist in completing credit recovery coursework that allowed them to graduate.

The GED tutoring program was continued. On average, six students were enrolled in the program. One of the students completed the entire series of tests.

Pre- and post-tests indicated an increase in the skill level of students in the areas of reading, spelling, and math. Students averaged nearly a one-year increase in their scores during their stays.

There were approximately 16 students per week who were provided services by the Title I teacher when they are unable to attend the regular school program.

The ACT was administered twice during the school year. Fourteen students took the test and received an average composite score of 17.4. The high score was 23 and the low score was 13.

Fourteen eligible students were assisted in completing application forms to post-secondary programs. The Vocational Counselor also assisted students in completing financial aid applications.

A pilot project to provide extensive vocational rehabilitation services for the graduates and GED students became operational in FY2008/09.

MEDICAL PROGRAM

Medical services are coordinated by a Nurse Supervisor, one full-time Registered Nurse, and one part-time Registered Nurse. The YRTC-Geneva maintains a contract with the Fillmore County Medical Clinic to provide physician services at the facility. Oversight of the program is provided by the OJS Medical Administrator.

Dental treatment, optometric services, and pharmaceutical services are provided on a contractual basis. A contractual psychiatrist and psychiatric nurse practitioner provide psychiatric services on a bi-monthly basis. Emergency services are provided through a contract with the Fillmore County Hospital.



YRTC-Geneva Medical Exam Room

The medical clinic is located in LaFlesche Cottage. The clinic is open Monday through Friday from 8:00 a.m. to 5:00 p.m., and on alternating Saturday mornings. The part-time Registered Nurse position is designed to provide coverage from 5:00 p.m. to 9:00 p.m. and for 4 hours on Sundays. Sick call is held on a daily basis during the week, and the doctors and dentist hold weekly clinics. Off-campus medical appointments with specialists are scheduled by the nurses.

During FY2008/09, the following medical services were provided:

| SERVICE PROVIDED | NUMBER |
|-------------------------------------|--------|
| Brief physical exams | 484 |
| Exams on new admittances | 114 |
| Eye exams | 67 |
| Pre-Natal visits | 47 |
| Obstetrical ultrasounds | 06 |
| Dental consultations/Work completed | 220 |
| Psychiatric Consultations/Visits | 606 |
| Youth visits to clinic | 3,925 |
| Staff visits to clinic | 166 |

Additional services included:

- ✓ Throughout the year, the following specialists were utilized by YRTC-Geneva: neurologist, dermatologist, orthopedic surgeon, and orthodontist.
- ✓ YRTC-Geneva utilized the "911" emergency services eight times during the year.
- ✓ The YRTC-Geneva participated in the very valuable Vaccine for Children Program. Youth received 76 Gardasil shots; 12 DTaP vaccinations, and 2 Menactra vaccinations (for meningitis).

RELIGIOUS PROGRAM

The religious program at the YRTC - Geneva is supervised by a quarter-time Chaplain. Church services are conducted every Sunday by this Chaplain or one of several volunteer pastors from the local community.

General oversight of the Chapel of Hope is provided by the Chapel of Hope Board that meets on an annual basis. The Board reviews the religious program and physical plant needs.

The religious program on campus includes individual religious counseling, weekly on-campus religious services, and special programs from outside groups. Should a girl desire, the Chaplain can also assist her in contacting her minister, priest, or religious leader in the community. Participation in any religious activity is on a strictly voluntary basis.



Chapel of Hope

At the center of the YRTC religious programming is the Chapel of Hope. The Chapel, built in 1976, hosts an assortment of religious activities. On-campus church services are held there every Sunday at 3:30 p.m. The average church attendance during FY2008/09 was approximately 16 girls, 3 visitors, and 3-4 staff members.

Each Tuesday night, volunteers from the community come to campus to recite the Catholic rosary and hold catechism classes with interested girls. On average, 2 girls take advantage of these services.

Again this past year, members of the Assembly of Saints Church in Omaha met with girls from the eastern part of the state on a monthly basis.

The Daughters of Destiny, a spiritually-based women's group, provided 2 special programs during the year.

The Prison Fellowship program continues to be a strong, supportive activity on campus. This group met on Tuesday evenings, with an average attendance of 15 girls and 5 Prison Fellowship volunteers.

Local community members volunteered to lead a choir made up of YRTC-Geneva girls. The choir practiced regularly, and performed at on-campus church services and several off-campus churches throughout the year.

RECREATION PROGRAM

The Youth Rehabilitation & Treatment Center – Geneva employs one full-time Recreation Coordinator, one full-time Recreation Assistant, and one part-time Recreation Assistant.

YRTC-Geneva has a wide variety of recreational equipment and areas that the girls have ready access to. This includes basketball pads and standards near the living units that the girls are able to use when the weather is nice. During the year, they have also been involved in games of softball, volleyball, soccer, and kickball. The girls can swim in the YRTC-Geneva pool, both during recreation and Physical Education classes. The girls may also walk on the 1.3 mile walking trail that threads through the YRTC campus. A recreation room contains exercise equipment, exercise videos, and board games the girls can play.



Horseback Riding at Timberlake

If girls are eligible, the Recreation staff may take them to off-campus events. During FY2008/09, girls went to off-campus movies at a local theater and participated in volunteer activities coordinated through the Recreation Department.

In addition to regularly scheduled activities, the Recreation Department provided many special activities for the girls, both on and off-campus:

- Red Cross Swimming Lessons
- Life Guard Training
- Staff vs. Girls Softball, Volleyball, and Basketball games
- Attending the 4th of July parade in Geneva
- 4th of July picnic, water games, and watching fireworks
- Attending movies at the local Geneva theater
- Pizza parties
- Pet Show
- Scrapbooking
- Dr. Seuss "The Cat in the Hat" party
- A birthday party for Sesame Street's Ernie
- Wii Bowling Tournament
- Attendance at Timberlake where girls participated in Ropes Course, "Leap of Faith," horseback riding and other team building activities.

COMMUNITY SERVICE/ VOLUNTEER PROGRAM

The volunteer program at the YRTC-Geneva is coordinated by the Assistant Facility Administrator and the Recreation Coordinator.

The YRTC-Geneva currently has 45 active volunteers. Volunteer categories include:

The *Community Advisory Board* is made up of a cross section of community members who meet monthly with administrative staff to review programs, physical plant, and policies and procedures.

Visiting Volunteers are assigned to girls who have limited contacts with their families during their stay. The “Visiting Volunteers” may provide numerous experiences for the girls they are assigned to, including off-campus movies, picnics, sporting activities, or church services.

The *Chapel Board* is in charge of maintaining the Chapel of Hope and offering advice on the religious programming at the facility. This group meets on an annual basis to review the Chapel of Hope physical plant and the past year’s religious programming, and plan for any upcoming religious needs. The religious program also benefits from the involvement of *Prison Fellowship* volunteers and additional volunteers who provide an array of religious services.

YRTC-Geneva girls continued their involvement in volunteering for numerous community activities, including:

- Worked at the local Geneva Theater taking tickets and selling concessions
- Assisted at the local Recycling Center on a monthly basis
- Adopt-A-Highway
- Refereed at local children soccer games
- Regularly worked at the Geneva Senior Center, helping to prepare meals, clean, and complete errands
- On a regular basis, girls spoke to classes through the York County Diversion Program. The girls related their stories and provided insight to the class participants.
- YRTC-G girls continued their involvement in the American Cancer’s Relay for Life. Girls were selected to participate in the Relay for Life Walk and joined in the activities.
- Visited and interacted with residents at a local retirement home.
- Participated in the “Make a Difference Day.”



Youth serve as volunteer referees at local soccer games

SUPPORT SERVICES

FACILITY BUDGET

Business Office personnel and the budget unit of the DHHS annually prepares the facility budget of funds appropriated by the State Legislature.

The following is the budget allocated to the facility by DHHS for FY2008/09:

| | Budget | Total Expenditures |
|---------------|----------------|--------------------|
| General Funds | \$6,563,049.00 | \$6,518,454.00 |
| Federal Funds | \$ 156,032.00 | \$ 149,684.81 |
| Cash Funds | \$ 97,785.00 | \$ 89,691.97 |
| GRAND TOTAL | \$6,816,866.00 | \$6,757,830.78 |



Staff attend mandatory CPR/First Aid Training

PERSONNEL

YRTC-Geneva currently has 100.85 FTE authorized positions.

During the past year, YRTC-Geneva had 16 new hires and 10 retirements and resignations. The average tenure for YRTC-Geneva employees was 12.85 years.

All employees are required to attend training throughout the year. During the past year, YRTC-Geneva employees completed 9,817 hours of training which included pre-service, mandatory, on-the-job, extraneous, and specialized training.

FOOD SERVICE

The Food Service Department consists of 3 Food Service Worker III's and one Food Service Manager. The Department is responsible for providing 3 meals and snacks to all youth on campus, as well as staff who eat their meals in the cafeteria. All menus are reviewed and approved by a Registered Dietician.

During the past year, the Food Service Department served 83,164 youth meals and 13,970 staff meals. The average cost per meal was \$2.16.

MAINTENANCE

During FY2008/09, the following maintenance projects were initiated and/or completed:

- ✓ The continuation of the HV/AC, ceiling, and lighting project in the School/Administration Building. In addition to the actual project, maintenance staff was required to assist in the moving of administrative offices, school rooms, cosmetology room, and reception area so the renovation work could proceed.
- ✓ Staff began work on reducing the number of keys on campus, as well as implementing new key control procedures.

FY08/09 ADMISSIONS BY COUNTY

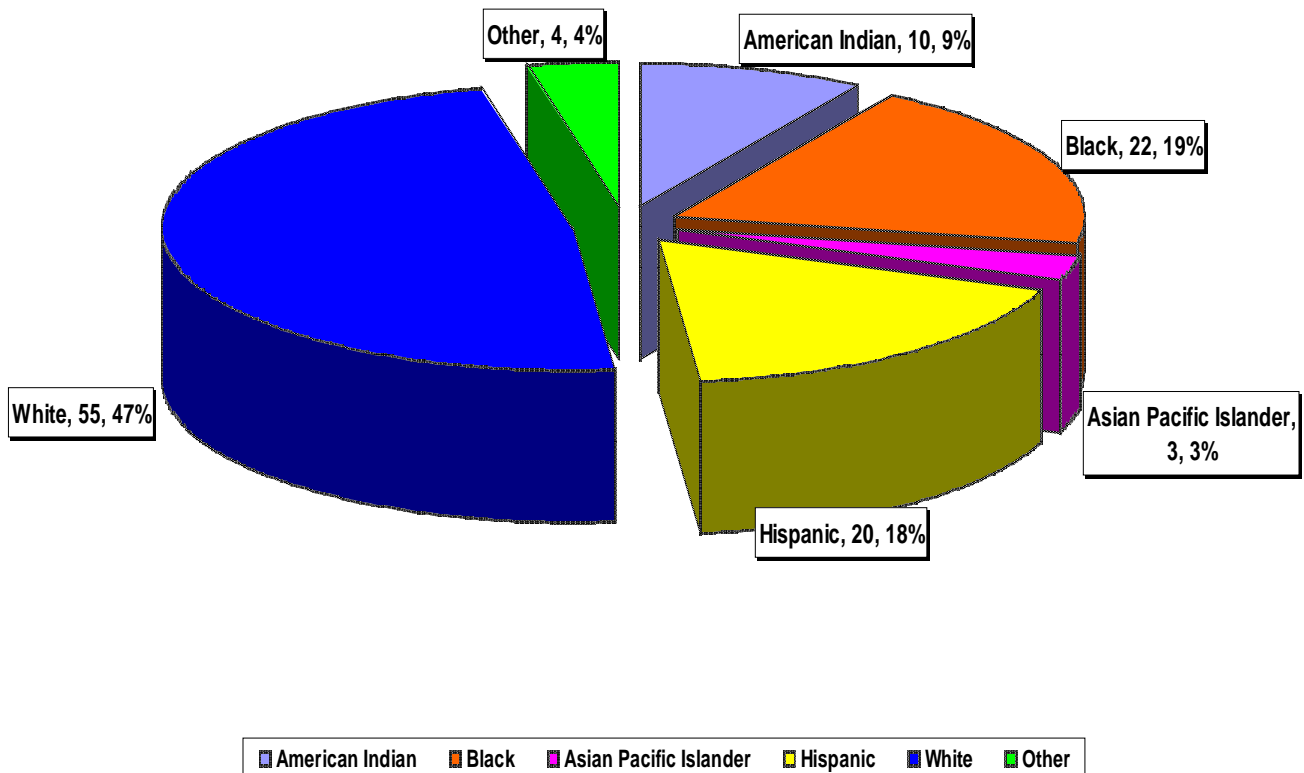
| | SERVICE AREA | COMMITMENTS, RECOMMITMENTS DIRECT COMMITMENTS PAROLE REVOCATIONS OJS DETAINEE | PERCENTAGE |
|---------------|--------------|--|----------------|
| Adams | Central | 1 | 0.88% |
| Buffalo | Central | 4 | 3.51% |
| Cuming | Northern | 1 | 0.88% |
| Dakota | Northern | 8 | 7.00% |
| Dawes | Western | 3 | 2.63% |
| Dawson | Western | 1 | 0.88% |
| Dodge | Northern | 5 | 4.39% |
| Douglas | Eastern | 26 | 22.80% |
| Fillmore | Southeastern | 1 | 0.88% |
| Gage | Southeastern | 2 | 1.75% |
| Hall | Central | 5 | 4.39% |
| Holt | Northern | 1 | 0.88% |
| Keith | Western | 1 | 0.88% |
| Lancaster | Southeastern | 29 | 25.44% |
| Lincoln | Western | 3 | 2.63% |
| Madison | Northern | 4 | 3.51% |
| Phelps | Central | 1 | 0.88% |
| Platte | Northern | 4 | 3.51% |
| Saline | Southeastern | 2 | 1.75% |
| Scotts Bluff | Western | 5 | 4.39% |
| Seward | Southeastern | 1 | 0.88% |
| Washington | Northern | 2 | 1.75% |
| York | Southeastern | 4 | 3.51% |
| TOTALS | | 114 | 100.00% |

Youth Rehabilitation & Treatment Center – Geneva
FY2008/09 ADMISSIONS BY OFFENSE

| OFFENSE | TOTAL |
|----------------------------|------------|
| ARSON | 1 |
| ASSAULT | 33 |
| AUTO THEFT | 3 |
| BURGLARY | 1 |
| CRIMINAL MISCHIEF | 4 |
| DISORDERLY CONDUCT | 3 |
| DISTURBING THE PEACE | 5 |
| FALSE INFORMATION | 3 |
| FORGERY | 2 |
| MINOR IN POSSESSION | 4 |
| OBSTRUCTION | 1 |
| POSSESSION OF DRUGS | 6 |
| PROBATION VIOLATION | 4 |
| PROCURING | 1 |
| RESISTING ARREST | 4 |
| ROBBERY | 1 |
| SHOPLIFTING | 21 |
| TERRORISTIC THREATS | 2 |
| THEFT | 11 |
| UNAUTHORIZED USE / VEHICLE | 3 |
| VANDALISM | 1 |
| TOTAL | 114 |

FY08/09 ADMISSIONS BY RACE

(114 Admissions)



FY08/09 RELEASES

(107 Youth)

